

Date:..... Patient Name:.....

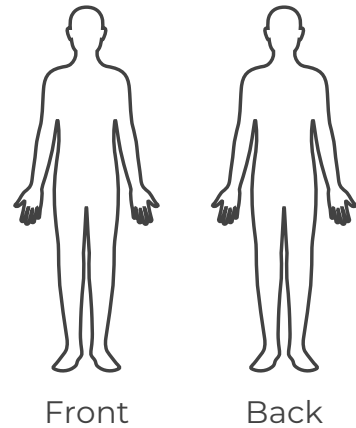
Medical Professional Name:.....

Medical Professional Signature:.....

Diagnosis:

Left Right Bilateral

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Assessments:

- Baseline
- Health Check
- Falls Risk
- Musculoskeletal
- Neurological
- Performance
- Return to Sport

Tests:

- Walk
- Run
- Consecutive CMJ
- Cyclic Jump
- Single Leg Jumps for Height
- Single Leg Jumps for Distance
- Open

Test Frequency: Once Recurring at:.....



Walk

Minimally-demanding test that measures various spatiotemporal gait parameters, such as walking speed, ground contact time, and double support.



Run

A comprehensive test that measures running capacity and performance and provides spatiotemporal gait parameters, such as running speed, ground contact time, and swing time.



Consecutive CMJ

A practical, valid, and reliable measure of lower-body power in the muscles around the hip and knee.



Cyclic Jump

A dynamic movement test that measures the ability to quickly and effectively change from an eccentric to a concentric contraction.



Single Leg Jumps for Distance

An objective way to measure asymmetry of the muscles surrounding the hip and ankle.



Single Leg Jumps for Height

An objective way to measure asymmetry of the muscles surrounding the knee.



Open

A general test for any type of activity, allowing for capture of loads and asymmetries in any environment.